



# Studio CHANGES

DURING COVID-19



## STAFF HEALTH

Staff will monitor their temperature and overall health on a daily basis. They will stay home if any COVID-19 symptoms arise.



## STAFF MASKS + DISTANCING

Staff will wear masks (unless they are teaching) and will maintain at least 6 feet of distance from students and other staff.



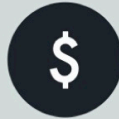
## INCREASED CLEANING

Staff will deep clean all common areas and high touch surfaces before and after each class with products that are proven to kill viruses like COVID-19.



## CLEAN HANDS

Hand sanitizer will be made available for all students and staff throughout the studio.



## CASHLESS STUDIO

Please bring your credit card or make sure you have an active card on file. Until further notice, debit or credit are preferred methods of payment.



## BRING WHAT YOU NEED

Bring everything you may need for class: a mat, towel, block, strap and water bottle. No rentals until further notice.



## REDUCED CAPACITY

Class capacity will be reduced to ensure social distancing.



## MORE TIME BETWEEN CLASSES

More time will be added between classes to allow for extra cleaning and to ensure safe entry and exit for all students.



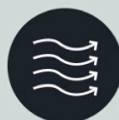
## DURING CLASS

Teachers will not walk around or offer hands on adjustments. Kapalabhati and other breathing excersises will not be instructed.



## SHOWERS

Showers are available after class at this time.



## AIR FLOW

No fans will be used inside the studio. Fresh air will be used for ventilation as needed.



## THANK YOU

We will adjust these measures as new information becomes available. Thank you for your cooperation!